

MTV Braunschweig - Trainingsplan - Hallensaison 2023/2024

| Zeit | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag |
|-------|--|--|--|---|---|--|
| 13:00 | | 14:00 - 15:30 Uhr Melverode Gymnastikraum | | | | U 4 09:30 - 10:30 HvF-Halle Fis/C.Th/Wei |
| 13:30 | | | | | 12:45 - 14:30 Kau | WU 8 10:00 - 11:30 Sidonien P.An/Eve |
| 14:00 | GS Lehndorf | GS Diesterweg | | AG / WU12 | | U 6 09:30 - 11:00 HvF-Halle Kuh/Win/Sti |
| 14:30 | 14:00 - 15:15 St.Ingbert-Halle Kau | 14:00 - 15:15 Kau | AG WU 12 / WU 14 14:00 - 15:30 St.Ingbert Kau/Eve | 14:00 - 15:30 St.Ingebort Kau | AG / WU 8 14:00 - 15:00 HvF-Halle P.An | WU 10 |
| 15:00 | | | | | | MU 8 11:00 - 12:45 HvF-Halle Fis/R.An/Wei |
| 15:30 | AG / WU 10 | | | | AG / WU 12 15:00 - 16:45 HvF-Halle Kau/Neh/C.We | |
| 16:00 | 15:30 - 17:00 St.Ingbert Kau/P.An | | | | | MU 10 11:00 - 13:00 Ottenroder Str. Die/Lüp |
| 16:30 | WU 12 16:30 - 18:00 Güldenstrasse Kau/Neh | | | | | |
| 17:00 | MU 102 17:00 - 18:00 HvF-Halle Die/Lüp/Wie | WU 10 17:00 - 18:00 HvF-Halle P.An/Beu | | WU 8 / MU 8 17:00 - 18:00 HvF-Halle Fis/P.An/Wei/R.An | WU 14 16:45 - 18:30 HvF-Halle Kau/Neh | MU 14 16:00 - 18:00 Raabeschule Jan/Die/Lüp |
| 17:30 | | | | | | |
| 18:00 | 1. Damen / WU 18 | WU 16 | | WU 14 | WU 16 | |
| 18:30 | 18:00 - 20:00 Güldenstraße Ten | 18:00 - 20:00 Nibelungen S.We | MU 14 | 18:00 - 20:00 Güldenstraße Heu/ | 18:00 - 20:00 Güldenstraße Kau/Neh | 18:30 - 20:00 HvF-Halle S.We |
| 19:00 | | 18:30 - 20:00 Naumburg Jan/Lüp | | | | |
| 19:30 | | | | | | |
| 20:00 | | 1. Herren / 2. Herren | Elternhockey | 2. Herren SG Herren | 1. Herren / SG Herren / MU 16 18:00 - 20:00 Nibelungen Tre | MU 18 / Eckentraining / TW Training |
| 20:30 | | 18:00 - 20:00 Güldenstraße Tre | 20:00 - 22:00 Wilhelm-Gym. Kup | 20:00 - 22:00 HvF-Halle Tre | | 20:00 - 22:00 HvF-Halle Heu |
| 21:00 | | | | | | 20:00 - 22:00 Sidonienstr. Tre |
| 21:30 | | | | | | |
| 22:00 | | | | | | Stand 27.11.2023 |

Tre - Trenkler, Johannes
R.An - Anders, Ronja
Thi - Thiele, Carolin

P.An - Anders, Paula
Fis - Fischer, Jens
Eve - Eve, Josefa

Die - Diekmann, Justus
Kup - Kupisch, Hartmut
Wei - Weitkamp, Konstantin

Win - Winiecka, Natalia
Ten - Tenter, Andreas
Bög - Böger, Arne

Sti - Stiegahn, Paula
S.We - Wehke, Sophie
Heu - Heuke, Mike

Kau - Kauschke, Hans
Beu - Beutel, Charlotte
Neh - Nehrkorn, Mia

C.We - Wehke, Carolin
Lüp - Lüpkes, Mattis
Jan - Janert, Yorck